

FIRLE B, SUPPLEMENTARY STATEMENT 22/6/22

This supplementary statement contains evidence of use of the route that I have found on Strava

What is Strava?

Strava is an American internet service for tracking [physical exercise](#) which incorporates [social network](#) features. It is mostly used for [cycling](#) and [running](#) using [GPS](#) data.^[4] Strava uses a [freemium](#) model with some features accordingly only available in the paid subscription plan. The service was founded in 2009 by Mark Gainey and Michael Horvath.

It is very popular with competitive runners and cyclists who can compete against others on a particular route by comparing their times with others that have been inputted by other users.

It is necessary to register as a Strava user to gain access to the data set out below, but this does not require any payment. It is common to use data which requires registration, and in some cases payment, in this sort of application. Examples include most archives, The British Newspaper Archive and genealogy sites such as The Genealogist.

Along with longer routes there are also sectors of routes for which routes are recorded. The application route appears as a sector in a number of ways as set out below.

The data available

Information available:

- The total number of attempts on the route.
- The number of people who have attempted the route
- The top ten fastest times
- A map of the route

I have not been able to find a way to effectively contact users so I cannot get more detailed information from them.

There is no data before 2009, when the app was created.

The data set out below

The information shown below records that over 1700 people have attempted the application route since 2009. (although there may be some duplication- for example people who recorded attempts both upwards and downwards.)

Over 5000 attempts have been made on the route.

THE SIGNIFICANCE OF THIS EVIDENCE

It is accepted that this sort of evidence cannot provide the degree of detail on individual cases that completed evidence forms can, but the sheer volume of attempts in a limited period is powerful evidence.

Given some of the speeds that are reported, it is unlikely that there was any physical obstruction, and although we cannot say for certain that users did not ignore private notices, I suggest that it is unlikely that such a volume of riders and runners would have used a route with such a notice. Most people respect private notices, although of course there are others who do not.

I am not aware of any licenced events which involved using this route which might account for the large amount of use. As a local cyclist I would expect to hear about any such events.

THE APPLICATION ROUTE ON STRAVA

Copied 10/6/22

<https://www.strava.com/segments/9232088> RUNNING

The screenshot shows the Strava interface for a segment titled 'Firle route 1'. The segment is located in West Firle, United Kingdom. The statistics for the segment are as follows:

Distance	Avg Grade	Lowest Elev	Highest Elev	Elev Difference	Climb Category
1.06km	9.9%	63m	169m	106m	4

Below the statistics, it indicates '54 Attempts By 25 People'. The map shows the route in red, starting from a green dot at the top right and ending at a green dot at the bottom left. The map includes contour lines and labels for 'Firle Post' and 'Firle Plantation'. The Strava logo is visible in the top left corner, and a menu icon is in the top right corner.

Leaderboard.

Rank	Name	Date	Pace	HR	VAM	Time
1	[Redacted]	15 Nov 2020	6:13/km	-	959.7	6:38
2	[Redacted]	27 Apr 2011	6:22/km	-	936.2	6:48
3	[Redacted]	6 Jan 2019	6:35/km	-	905.1	7:02
4	[Redacted]	12 Apr 2015	7:02/km	-	848.8	7:30
5	[Redacted]	11 Apr 2015	7:05/km	170bpm	841.3	7:34
6	[Redacted]	2 Apr 2017	7:46/km	-	768.5	8:17
7	[Redacted]	17 Jun 2018	7:51/km	126bpm	759.4	8:23
8	[Redacted]	2 May 2021	7:54/km	-	754.9	8:26
9	[Redacted]	28 Jul 2016	8:21/km	-	713.9	8:55
10	[Redacted]	26 Sep 2020	8:38/km	-	690.7	9:13

<https://www.strava.com/segments/916387> RUNNING

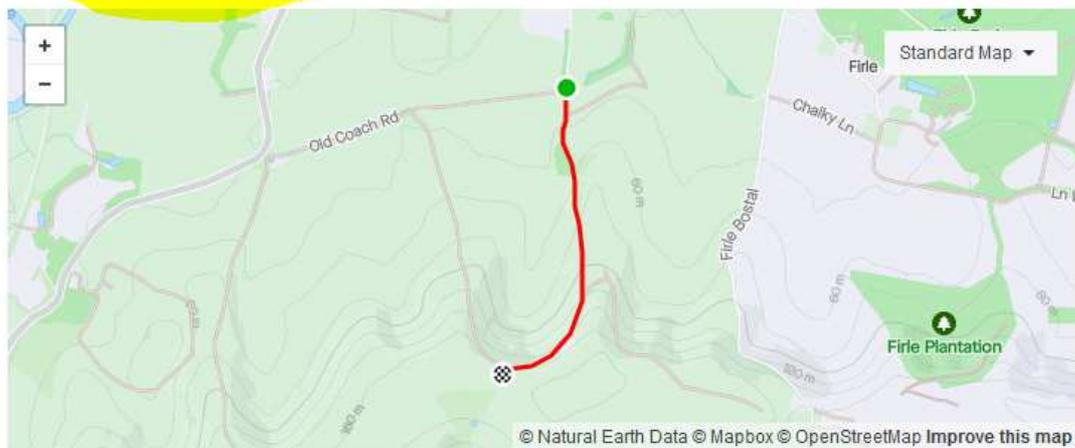
☆ Firle Bostal Climb

Run Segment Lewes, East Sussex, United Kingdom

Actions ▾

Distance: **1.35km** Avg Grade: **10.4%** Lowest Elev: **31m** Highest Elev: **172m** Elev Difference: **141m** Climb Category: **4**

878 Attempts By 342 People



Leader board

Rank	Name	Date	Pace	HR	VAM	Time
1		25 Aug 2018	5:22/km	147bpm	1,168.6	7:14
2		2 Oct 2021	5:28/km	170bpm	1,147.5	7:22
3		10 Oct 2020	5:29/km	154bpm	1,142.3	7:24
4		19 Jul 2017	5:30/km	-	1,139.7	7:25
5		29 Sep 2018	5:34/km	157bpm	1,124.6	7:31
6		14 Jun 2015	5:45/km	158bpm	1,090.7	7:45
6		14 Jun 2015	5:45/km	-	1,090.7	7:45
8		19 Aug 2021	5:51/km	172bpm	1,072.3	7:53
9		26 Oct 2014	5:51/km	-	1,070.0	7:54
10		21 Mar 2021	5:58/km	-	1,050.1	8:03

<https://www.strava.com/segments/19101234> RUNNING



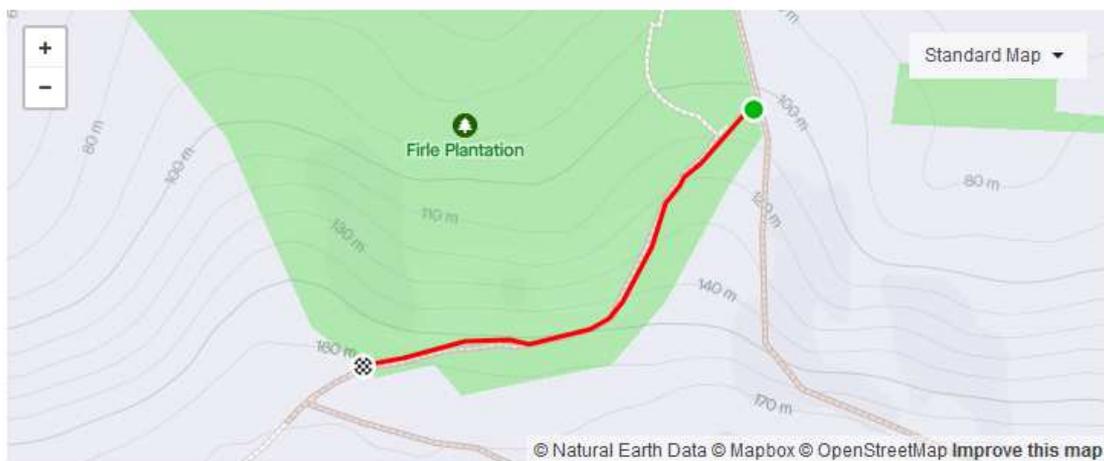
☆ Up through Firle Woods

Run Segment Lewes, England, United Kingdom

Actions ▾

Distance Avg Grade Lowest Elev Highest Elev Elev Difference
0.49km **10.2%** **102m** **152m** **50m**

77 Attempts By 20 People



Leaderboard

Rank	Name	Date	Pace	HR	Time
		6 Jan 2019	6:26/km	-	3:11
2		19 Nov 2013	6:47/km	154bpm	3:21
3		3 Aug 2014	7:05/km	-	3:30
4		14 May 2017	7:11/km	-	3:33
5		14 May 2017	7:13/km	151bpm	3:34
6		12 Apr 2015	7:17/km	-	3:36
7		23 Aug 2016	8:46/km	-	4:20
8		20 May 2018	8:50/km	-	4:22
9		12 Mar 2020	9:20/km	-	4:37
10		30 Aug 2021	9:26/km	-	4:40

<https://www.strava.com/segments/4041014> CYCLING



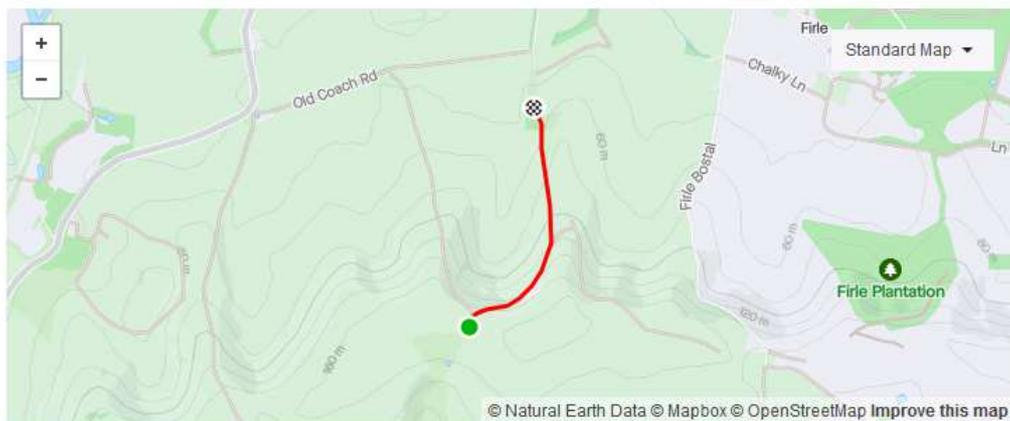
☆ Firle Downhill

Ride Segment Lewes, UK, England, United Kingdom

Actions

Distance	Avg Grade	Lowest Elev	Highest Elev	Elev Difference
1.14km	-9.4%	132m	240m	108m

2,081 Attempts By 620 People



1

Leaderboard

Rank	Name	Date	Speed	HR	Power	Time
1		15 May 2014	59.7km/h	-	82W	1:09
2		29 May 2017	56.4km/h	-	-	1:13
2		26 Apr 2020	56.4km/h	-	22W	1:13
4		21 Jun 2015	54.9km/h	-	15W	1:15
4		20 Dec 2017	54.9km/h	-	60W	1:15
4		1 Apr 2016	54.9km/h	-	-	1:15
7		13 Sep 2018	54.2km/h	-	-	1:16
8		30 Dec 2021	52.8km/h	130bpm	191W	1:18
9		29 Jan 2019	50.2km/h	165bpm	17W	1:22
10		27 Apr 2016	49.1km/h	-	55W	1:24

<https://www.strava.com/segments/1257783> CYCLING

STRAVA



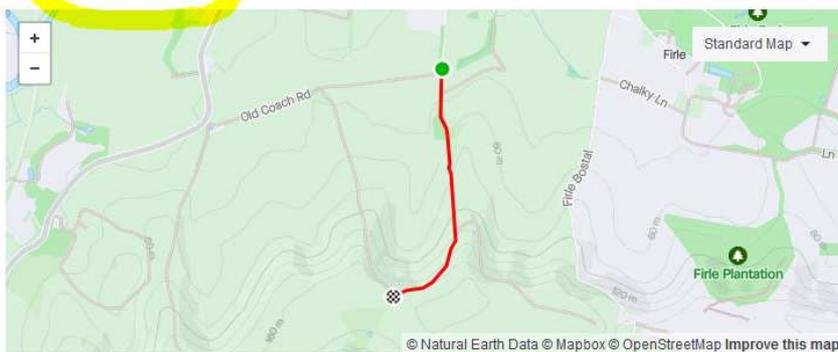
☆ Firle Bostal Climb

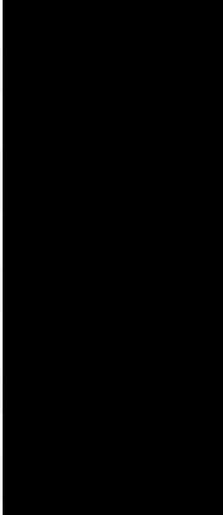
Ride Segment

Actions

Distance: **1.37km** Avg Grade: **10.3%** Lowest Elev: **31m** Highest Elev: **173m** Elev Difference: **143m** Climb Category: **4**

3,059 Attempts By 721 People



MY BEST TIME		All ▾					
Rank	Name	Date	Speed	HR	Power	VAM	Time
		30 May 2018	13.7km/h	-	306W	1,419.0	6:02
2		2 Sep 2017	13.2km/h	-	327W	1,369.8	6:15
3		20 May 2018	13.0km/h	157bpm	-	1,341.2	6:23
4		25 May 2022	12.9km/h	-	-	1,330.8	6:26
5		19 Sep 2020	12.5km/h	-	363W	1,290.7	6:38
6		17 Jul 2021	12.0km/h	146bpm	-	1,243.8	6:53
7		22 Mar 2020	11.9km/h	-	-	1,228.9	6:58
8		8 Sep 2015	11.8km/h	-	359W	1,223.1	7:00
9		7 Oct 2021	11.7km/h	-	-	1,211.5	7:04
10		19 Jul 2019	11.4km/h	-	258W	1,183.6	7:14